### December 2013

As the Director of Career and Leadership Development for CNSA, it is my duty to organize and promote National Nursing Students' Week across the various chapter schools in Canada. I am tasked with updating our social network pages regarding the week and help to create more awareness of the event.

The event itself is to help show our appreciation for the hard work and dedication that nursing students perform every day during their education. As nursing students, we are often seen as shining new faces in the field, full of excitement and enthusiasm about this wonderful profession.

However, what is unbeknownst to some is just how much work it is to be a nursing student. Often these students work upwards of 30+ hours of just in class time, never mind the extensive amount of after class homework and studying required for their education. Where some would see this as a co-op education, nursing students accomplish extensive in hospital hours in the same time frame as many other baccalaureate degrees.

Such dedication should not go unrecognized, and NNSWs aims are to help all the students who are within CNSA as well as outside professional institutions understand the work we go through to be part of this fulfilling profession.

This year we created temporary tattoos that showcased our acceptance of a new resolution statement at the Halifax National Conference, to show our support for the LGBTTIQQ2SA community by incorporating our logo with the pride flag. We continue to show our support for this welcoming community by being just as welcoming ourselves to all members, no matter their orientation.

We have also worked to create promotional approach packages for creating new partnerships and linkages in regards to NNSW. Our aim is to create more national awareness for NNSW, so that CNSA becomes a name well known to every student across Canada. To show just what we are capable of doing as students, and that our voice is very important when considering the future of nursing.

Matthieu Payette

Director of Career and Leadership Development 2013-2014

Canadian Nursing Students' Association (CNSA)

#### **November 2013**

The CNSA is dedicated to the promotion of nursing sciences and the nursing profession to ensure dedicated and competent graduate nurses. Being involved with CNSA in my capacity as Québec Regional Director has allowed me to recruit more chapter schools in the province and to showcase Québec's involvement at a national level. I have also been working closely with the provincial regulatory

association to develop a new partnership. It is important for nursing students to have opportunities to be involved in the decision making process that affects them, whilst also keeping the best interests of Québec in mind.

Having a joint vision for nursing students is crucial for fostering knowledge sharing that utilizes information acquired through productive engagement, nursing management, and public health.

Working with the CNSA has been an enriching experience. My participation has allowed me to develop communication and organizational skills. My position on the board of directors has permitted me to take on a leadership role in regards to the organisation of CNSA activities, particularly in the Québec region. These activities include the Québec regional conference, student participation on CNSA committees and the planning of the national conference.

During this year's Québec regional conference, nursing students learned from speakers who discussed being nurse practitioners and clinical nurse specialists. Speakers presented in both French and English. Bilingualism is a priority for CNSA and the organisation ensures that all documentation and proceedings are made available in both languages.

It has been incredible to meet nursing students that are so passionate about their profession. The conferences offer excellent opportunities for networking, as well as foster motivation and the desire to pursue graduate studies and research.

The growth of CNSA is due to new partnerships and to new chapter schools joining the association. The creation of new partnerships is one of CNSA's key objectives, and they contribute to the development of the organisation on a national level. We want nursing students to develop a sense of belonging to the profession, while also staying connected with the stakeholders in their regions.

Rajet Anand

Quebec Regional Director, 2013-2014

Canadian Nursing Students' Association (CNSA)

#### October 2013

The Canadian Nursing Students' Association (CNSA) is an organization made up of a dedicated group of over 28 000 future nurses. I am amazed every day by the power that the united voice of nursing students can have in shaping policy and planning for the future of our profession. As our members progress through their nursing degrees, we like to be able to support them in any way that we possibly can.

As a Board of Directors we strive to maintain open communication between our members and the board. We try and seek out current issues surrounding nursing students, and hear what resources our

members are lacking in their programs. As Director of Membership Services, one of my main jobs is to search out these resources that students are looking for.

We currently have contracts with numerous organizations, and actively seek out new stakeholders to form connections with. Research is a major part of nursing right now- it provides nurses with the evidence they need to ethically care for their patients. Contracts like NurseOne, Donner Wheeler, and Longwoods provide our members with the most current research and resources to ensure they are proficient with nursing care.

We also hold a contract with Lippincott, Williams & Wilkins- a leading publisher in professional health information. Our organization endorses drug guides released by this company on an annual basis. We are excited to currently be working with Lippincott to develop a new contract surrounding NCLEX prep guides. The NCLEX is a new regulatory exam coming to Canada in 2015, and we want to ensure that our members maintain the same high quality results with this exam as they have in the past with the CRNE.

We are so excited to announce our new contract with The Personal. The Personal is a group insurance company that offers our members discounts on home, auto, and pet insurance. After many years of working on the development of this contract, it officially launched this September!

CNSA has already made some amazing strides this year, and we are so excited to come together in Vancouver in January 2014 to showcase all the amazing work that each of our chapters have been involved with.

Luke Redmond

Director of Membership Services 2013-2014

Canadian Nursing Students' Association (CNSA)

# September, 2013

Throughout the year The Canadian Nursing Students' Association hold various activities and events that stir excitement from coast to coast. One of the highlights is the Regional Conferences hosted by a school in each region. Each conference has a unique theme designed to engage all in attendance and educate nurses of the future through informative speakers and instructive workshops.

In Ontario, this year's conference is being hosting by Sault College in Sault Ste Marie from October 25th to 27th. The theme of the conference is "Nursing: A Multi-faceted Experience." Attendees can look forward to presentations that will relate to current, practical, and clinically oriented evidence based issues and concerns that impact nursing and nursing students today.

Conference delegates will be able to attend a variety of workshops depending of their interests with topics ranging from travel nursing, to forensic nursing, to working with first nations. Not only are there

educational speakers, but this conference will also include skill enhancement workshops in a state of the art simulation lab and school with topics including health assessment, foley care, wound care, and trach care and more. Regardless of clinical experience and knowledge, this conference will serve as a tool to educate and engage students and nurses from diverse backgrounds and interests.

Another feature of the conference is the networking opportunities attendees are able to take part in. Throughout the conference delegates will be able to meet and collaborate with student nurses and nurses from across Ontario through a wide range of events and activities. Regional executive meetings will take place in order for the CNSA Chapter schools to discuss activities and events going on at each school, offer advice and support to other chapter schools, and prepare for National Conference taking place in January.

The Ontario Regional Conference is set to be a very informative and stimulating conference for all in attendance and is greatly anticipated by many across the province.

Nicholas Alves
Ontario Regional Director 2013-2014
Canadian Nursing Students' Association (CNSA)

## **August, 2013**

As we prepare to go back to classes in a few short weeks, we reflect on the past school year. 2012-2013 was a busy and exciting year for CNSA, and 2013-2014 promises to be another jam-packed year. Last year, was a year of transformation for CNSA. We began the year with a great deal of governance work on revising our bylaws. In January, we officially passed a completely new set of bylaws and rules and regulations, which brought our association into compliance with the new Canada Not for Profit corporations Act at our National Assembly. This was a huge accomplishment, as it required a great amount of governance work, and some tough decisions.

CNSA also launched a brand new logo at our 2013 National Assembly. It has been a long process to design a new logo to represent our association, however our National Assembly passed a new logo designed by one of our very own members to rebrand the association.

CNSA welcomed a number of new chapters, particularly from out west in BC and Alberta to our association, increasing our member numbers to over 28 000 nursing students.

One of the highlights of our year was the astounding number of resolutions and position statements submitted by our members for approval by our National Assembly. We received nearly 20 submissions, and were able to pass seven resolutions and four position statements. The topics were wide-ranging, from advocacy regarding the changes to the entry to practice exam, to horizontal violence, to safe injection sites, to cultural competence with respect to the LGBT populations. These position statements

and resolutions showcase the incredible knowledge and passion that nursing students have regarding current trends and issues.

Looking forward, this year will be another busy and exciting term. We are launching a new contract with The Personal Insurance Company offering reduced insurance rates to our members in the fall. We also have our four regional conferences occurring across the country in October, and in January, Langara College will be welcoming us to Vancouver for our annual National Conference.

We are excited for another eventful year!

Maggie Danko
Past President 2013-2014
Canadian Nursing Students' Association (CNSA)